

Clifton Strengths For Students Top 5 Assessment and Summary Paper

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Five Strengths

Belief is my first strength in the Clifton assessment. Belief is defined in the dictionary as something that is accepted, considered to be true, or held as an opinion. Words that are

synonymous to belief are credence, credit and faith. Words that relate to belief are law, precept, principle, conviction, and assurance. (Merriam Webster, 2024) My belief in God is important to me even now as an educator working in public schools. My belief and faith in God kept me steady in my work and personal life regardless of the tests and trials. In my future counseling career, my belief will allow my clients to trust me. This belief is something that my clients can learn from and allow their belief to direct them and keep them focused as they navigate the ups and downs of life.

Positivity is a second strength that I possess. Who doesn't want to be around someone who is positive? Being positive means seeing the good in everything and trying to find the silver lining on the clouds. I do encourage others in their personal strengths and seek to build them up with my words and actions. In my potential career as a counselor, I believe being a positive person and seeing the positive in others will be important to build meaningful relationships with clients. It will also be important for me to be real and honest with the negative situations that come before me and my clients while seeking positive goals.

According to the report, I am a **developer**. I did not quite understand what that meant until I read through the information. Of course, I see the potential in my family, friends, co-workers, and fellow sisters and brothers in the Lord! I also see potential in humanity. I work in a high school and I certainly see the potential in my students. The students that I currently work with know that I want to see them become the best they can be. They know that I want to see them grow even if it is in baby steps. In my career as a school counselor, I will continue to seek to see my clients grow and develop into better individuals. In this process, I must be careful that when my clients make decisions that do not help them grow as individuals that I do not take it

personally or feel defeated as a professional. I do not ever want to give up on my students because of some who make decisions that do not spell success.

Harmony is the next strength that I possess. One of the definitions of harmony is agreement and accord. (Merriam Webster, 2024) I do look for areas that I can agree with people. I saw one of my coworkers reading a book during his break time. I asked him what he was reading. It was a subject that I did not understand nor did I find interesting. However, I shared with him that I am an avid reader as well. I found an area of agreement. In my career as a school counselor, I will continue to seek areas of agreement and common ground. Working with people can be challenging at times, but when we find commonalities, it becomes easier.

Responsibility is a learned concept and it is one that people who are committed to growing will try to grasp and understand. Sometimes, unfortunately, I take on extra responsibilities and that can be overwhelming. Ultimately, it is not my responsibility to make someone a better version of themselves. It is not my responsibility to make others do what is right for themselves and their families. It is my responsibility to do my job to the best of my ability. It is my responsibility to teach my students. As a school counselor, it will be one of my responsibilities to meet with student clients and aid them in choosing a path that will lead them to success. It is equally important for me to realize that it is my clients' responsibility to grab the information I provide and make choices that will help them succeed.